

## NOVEMBER GRATITUDE SCAVENGER HUNT

- Find something outside you enjoy seeing
- Find something that is useful for you
- Find something that is your favorite color
- Find something you know someone else will enjoy
- Find something that makes you happy
- Find something that tastes good
- Find something that smells amazing
- Discover something new
- Find something that makes you feel safe
- Find something that makes a beautiful sound
- Find something for which you are grateful
- Find something that is unique to you
- Find something that makes you laugh
- Find something in the night that you enjoy
- Find something in the morning that you enjoy
- Find your favorite place to spend alone time
- Find something that reminds you of people you love
- Find something that you enjoy doing outside
- Find a place that you love

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