

# Love Your Neighbor Bingo

Be mindful during this ordinary time about giving your attention to your neighbors in the world.

Find a mutual interest with someone with whom you disagree

Read an article in favor of something you oppose

Start a conversation with someone new

Share joy

What issue "doesn't concern you?" Read about it.

Go for a walk. What assumptions do you make about what you see?

Ask someone how they are. Listen, and ask a follow-up question

Express gratitude for something you often overlook

Read a bedtime story from another culture

Watch the next presidential debate with curiosity

Prepare a meal for your family for under \$8

Identify someone you want to know better. Do it.

*Free*

Pray for someone with whom you disagree

Have a hard conversation when someone upsets you.

Visit a different park or playground

Observe others at a grocery store outside your neighborhood

Read a biography

Grab coffee with an estranged friend

Ask "why" 5 times in a row to understand someone better

Listen to music (and lyrics) from an unfamiliar genre

Check your pre-meeting attitude for one of curiosity

Check out the app: *A Starting Point*

Watch a documentary

Go for a walk and notice what brings a sense of wonder